

## **Introduction to life course and lifespan research**

**Doctoral Programme LIVES - December 9-11, 2024**

**University of Lausanne**

In this first module, students will acquire the theoretical foundations for life course research, and grasp, in an overview, the different methods used in life course research. The module starts with demographic approaches to life course studies, before detailing sociological life course and psychological lifespan theories. Students are then invited to operate an interdisciplinary integration through the concept of "vulnerability", as developed within LIVES. An alternative interdisciplinary construction (via the notion of "canalizations") will be discussed. Each theoretical presentation is followed by the discussion of a foundational article, to be read beforehand. The module ends with a presentation of the main methods used in life course research, and which will be developed later in the doctoral programme.

<b>Monday 9.12.2024</b>	<b>Session theme</b>	<b>Presenter</b>	<b>Related literature</b>	<b>Building &amp; Room Number</b>
9:00 – 10:00	Welcome - Opening Doctoral Programme	LIVES Prof. Clémentine Rossier (University of Geneva, co-director of LIVES & in charge of the doctoral programme)  Dr. Charikleia Lampraki (University of Geneva, Scientific officer of LIVES)		<b><u>IDHEAP, Room 003</u></b>
10:00 – 10:30			<i>Coffee break</i>	
10:30 – 12:30	A demographic introduction to the life course and article discussion	Prof. Philippe Wanner (University of Geneva)	Carmichael, G. A., & Carmichael, G. A. (2016). The cohort and period approaches to demographic analysis. <i>Fundamentals of demographic analysis: Concepts, measures and methods</i> , 85-128.	<b><u>IDHEAP, Room 003</u></b>
12:30 – 13:30			<i>Lunch break</i>	
13:30 – 15:00	A sociological framework for life course analysis	Prof. Felix Bühlmann (University of Lausanne)		<b><u>IDHEAP, Room 003</u></b>
15:00 – 15:30			<i>Coffee break</i>	
15:30 - 16:30	Seminar/article discussion	Prof. Felix Bühlmann (University of Lausanne)	Levy, R., & Bühlmann, F. (2016). Towards a socio- structural framework for life course analysis. <i>Advances in Life Course Research</i> , 30, 30- 42.	<b><u>IDHEAP, Room 003</u></b>

<b>Tuesday 10.12.2024</b>	<b>Session theme</b>	<b>Presenter</b>	<b>Related literature</b>	<b>Building &amp; Room Number</b>
9:00 – 10:30	Introduction to lifespan research in psychology	Prof. Alexandra Freund (University of Zurich)		<b><u>GEOPOLIS, Room 2230</u></b>
10:30 – 11:00			<i>Coffee break</i>	
11:00 – 12:00	Seminar/article discussion	Prof. Alexandra Freund (University of Zurich)	Baltes, P. B. (1997). On the incomplete architecture of human ontogeny: Selection, optimization, and compensation as foundation of developmental theory. <i>American Psychologist</i> , 52(4), 366-380. doi:10.1037/0003-066X.52.4.366	<b><u>GEOPOLIS, Room 2230</u></b>
12:00 – 13:30			<i>Lunch break</i>	
13:30 – 15:00	Interdisciplinary integration: Vulnerabilities in the life course	Prof. Dario Spini (University of Lausanne)		<b><u>GEOPOLIS, Room 2230</u></b>
15:00 – 15:30			<i>Coffee break</i>	
15:30 - 16:30	Seminar/article discussion	Prof. Dario Spini (University of Lausanne)	Spini, D., Bernardi, L., & Oris, M. (2017). Toward a life course framework for studying vulnerability. <i>Research in Human Development</i> , 14(1), 5–25. <a href="https://doi.org/10.1080/15427609.2016.1268892">https://doi.org/10.1080/15427609.2016.1268892</a>	<b><u>GEOPOLIS, Room 2230</u></b>

<b>Wednesday 11.12.2024</b>	<b>Session theme</b>	<b>Presenter</b>	<b>Related literature</b>	<b>Building &amp; Room Number</b>
9:00 – 10:30	Which methods for life course research? An overview of the quantitative methods covered in the LIVES modules and discussion	Dr. Charikleia Lampraki (University of Geneva)		<b><u>IDHEAP, Room 003</u></b>
10:30 – 11:00			<i>Coffee break</i>	
11:00 – 12:15	Interdisciplinary integration: the notion of canalization	Prof. Marlis Buchmann (University of Zurich)		<b><u>IDHEAP, Room 003</u></b>
12:15 – 13:45			<i>Lunch break</i>	
13:45 – 14:45	Seminar/article discussion	Prof. Marlis Buchmann (University of Zurich)	Heckhausen, Jutta; Buchmann, Marlis (2019). A multi-disciplinary model of life-course canalization and agency. <i>Advances in Life Course Research</i> , 41:100246	<b><u>IDHEAP, Room 003</u></b>
14:45 – 15:15			<i>Coffee break</i>	
15:15 - 16:30	Which methods for life course research? An overview of the qualitative methods covered in the LIVES modules and discussion	Prof. Núria Sánchez-Mira (University of Neuchatel)		<b><u>IDHEAP, Room 003</u></b>